

SEVEN HABITS OF HIGHLY EFFECTIVE CATHOLICS

PRAY DAILY

“Jesus often withdrew to lonely places and prayed.” (Luke 5:16)

“Rising very early before dawn, he left and went off to a deserted place, where he prayed.” (Mark 1:35)

GO TO MASS

“On the first day of the week we came together to break bread.” (Acts 20:7)

“We should not stay away from our assembly, as is the custom of some” (Heb 10:25)

READ SCRIPTURE DAILY

“If you continue in my word, you are truly my disciple” (John 8:31)

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind.” (Rom 12:2)

BE PART OF A COMMUNITY

“They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.” (Acts 2:42)

“For where two or three are gathered together in my name, there am I in the midst of them.” (Matt 18:20)

GO TO CONFESSION

“We implore you on behalf of Christ, be reconciled to God.” (2 Cor 5:20)

“Blessed is the one whose fault is removed, whose sin is forgiven.” (Psalm 32:1)

SHARE YOUR FAITH

“The man went off and proclaimed throughout the whole town what Jesus had done for him.” (Luke 8:39)

“Let your speech always be gracious, seasoned with salt, so that you know how you should respond to each one.” (Col 4:6)

MAKE A RETREAT

“Come with me by yourselves to a quiet place and get some rest.” (Mark 6:31)

“Jesus took Peter, James and John with him and led them up a high mountain, where they were all alone.” (Mark 9:2)